



HUAA ~ #HUHC21 Service Initiative

- Dates:** October 1st thru October 21st (post on social media Friday, October 22nd)
- Theme:** Bison Strengthening Our Communities Through Service
- Details:** Virtual or SAFE Hands-On in compliance with all COVID mandates and restrictions.

- The suggested service activities can be facilitated Individually, in Groups or Teams, and through Local CUs and Regions.
- Global initiative for alumni to participate in the Homecoming 2021 virtual service challenge.
- CUs and Regions are encouraged to comply with all safety measure and protocols in the event an in person activity is selected .
- Our goal is to reach 1,867 individuals through service!
- Participation in service for this initiative will begin October 1st through HOMEcoming.

Individual and/or Group Service Ideas:

- Adopt a Nursing Home to provide personal hygiene supplies, crafts and/or games.
- Volunteer to Make Greeting Cards for Patients at Pediatric Hospital
- Collect and donate gently used books to a local library, school or community center.
- Individual or Group Blood Drive through Local Blood Bank throughout the month and post photo on October 22nd with hashtag #IBleedBisonBlue
- Donate and/or serve at local Food Kitchen

Virtual Service Ideas:

- **Operation Gratitude** - donate a care package to a Frontline Worker
<https://www.operationgratitude.com>



- **Bookshare** - Bookshare makes reading easier. People with dyslexia, blindness, cerebral palsy, and other reading barriers can customize their experience to suit their learning style and find virtually any book they need for school, work, or the joy of reading. Volunteers are needed to proofread, describe pictures and images, even read to some of the members.
<https://www.bookshare.org/cms/ready-volunteer>
- **World Pediatric Project (WPP)** - The WPP network consists of medical & non-medical volunteers, hospital systems, partners, donors, and staff all working together to provide comprehensive pediatric surgical care and promote regional collaboration and training for health workers across countries.
<https://www.worldpediatricproject.org/ways-to-give/volunteer/non-medical-volunteers/>
- **Heroes USA** - Virtual volunteers to help veterans and their spouses with mock interviews, career counseling, or providing guidance on job searches, preparing resumes and filling out applications.
<https://www.hireheroesusa.org/volunteer/>
- **Smithsonian Digital Volunteer Programs** - Volunteers with the Smithsonian Digital Volunteer program transcribe historical documents and collection records so they're preserved and more accessible.
<https://transcription.si.edu>
- **Soldiers Angels** - Write a letter to a Soldier
<https://soldiersangels.org/landing-page-letters-for-soldiers/>

Health and Wellness Awareness Volunteer & Service Ideas:

- **Breast Cancer Awareness Month** - donate or volunteer with organizations including Sisters Network, Inc. a national breast cancer survivorship organization.
<http://www.sistersnetworkinc.org/volunteer.html>
- **National Mammography Day** (Oct. 18) - schedule yourself and/or a group to obtain mammograms and post the pictures on Oct. 22nd.
- **Global Handwashing Day** (Oct. 15) - **Global Handwashing Partnership**
<https://globalhandwashing.org/global-handwashing-day>



- **Domestic Violence Awareness Month** - Domestic Violence Awareness Project
<https://www.dvawareness.org>
- **Health Literacy Month** - The Institute for Healthcare Advancement (IHA)
<https://healthliteracymonth.org/home>
- **National ADHD Awareness Month** - Attention-Deficit/Hyperactivity Disorder
<https://www.adhdawarenessmonth.org>
- **National Bullying Prevention Month** - National Bullying Prevention Center
<https://www.pacer.org/bullying/nbpm/>
- **National Dental Hygiene Month** - American Dental Hygienists Association
<https://www.adha.org/national-dental-hygiene-month>
- **National Down Syndrome Awareness Month** - National Association for Down Syndrome
<https://www.nads.org/>
- **National Physical Therapy Month** - American Physical Therapy Association
<https://www.apta.org/national-physical-therapy-month>
- **Sudden Infant Death Syndrome (SIDS) Awareness Month** - Safe to Sleep
<https://safetosleep.nichd.nih.gov/resources/sids-awareness-toolkit>
- **Mental Illness Awareness Week** (Oct. 3-9) - National Alliance on Mental Illness
<https://nami.org/get-involved/awareness-events/mental-illness-awareness-week>
- **National Depression Screening Day** (Oct. 7) - Mental Health America
<https://www.mhanational.org/national-depression-screening-day>
- **World Mental Health Day** (Oct. 10) - World Health Organization
<https://www.who.int/campaigns/world-mental-health-day>
- **Malnutrition Awareness Week** (Oct. 4-8) - American Society for Parenteral and Enteral Nutrition
<http://www.nutritioncare.org/maw/>
- **International Day of the Girl Child** (Oct. 11) - United Nations



<https://www.un.org/en/observances/girl-child-day>

- **Bone and Joint Health National Action Week** (Oct. 12-20) - Bone and Joint Initiative
<https://www.usbji.org/programs/public-education-programs/action-week>
- **International Infection Prevention Week** (Oct. 17-23) - Association for Professionals in Infection Control and Epidemiology
<https://infectionpreventionandyou.org/iipw/promotional-toolkit/>
- **World Food Day** (Oct. 16) - Food and Agriculture Organization of the United Nations
<http://www.fao.org/world-food-day/communication-toolkit/en>
- **National Health Education Week** (Oct. 18-22) - Society for Public Health Education
<https://www.sophe.org/focus-areas/national-health-education-week/>
- **International Stuttering Awareness Day** (Oct. 22) - National Stuttering Association
<https://westutter.org/what-is-stuttering/international-stuttering-awareness-day/>
- **Respiratory Care Week** (Oct. 24-30) - American Association for Respiratory Care
<https://www.aarc.org/resources/programs-projects/respiratory-care-week/>
- **World Psoriasis Day** (Oct. 29) - International Federation of Psoriasis Associations
<https://ifpa-pso.com/our-actions/world-psoriasis-day>

Suggested Hashtags:

#HUHC21
#BisonInAction
#IBleedBisonBlue
#BisonStrong

*Snap it, Share it, Tag it!!
Be a part of Homecoming 2021 Service Wall
on Social media.*